



THE HOLY TRINITY HERALD

THE MONTHLY NEWSLETTER OF

HOLY TRINITY GREEK ORTHODOX CHURCH

ROANOKE, VIRGINIA

VOL. 22 ISSUE 10

OCTOBER 2024

Dear Brothers and Sisters,

The Roman Empire, in its earlier history, was famous for waging wars of annihilation. When Scipio Africanus captured the city of Carthage in 146 BC, he burned it to the ground, slaughtered the inhabitants, and sold the survivors into slavery. Afterwards, the Roman Senate commanded that everything that remained be torn down, and forbade anyone from even settling in the vicinity of the former city for a century. Likewise, when Titus Caesar conquered Jerusalem in 70 AD, he ordered that the city be so thoroughly destroyed that anyone who passed by that place would not even “believe it had ever been inhabited.” The logic is straightforward: anyone who opposes me is my enemy, and my enemies must be destroyed *utterly*. There can be no peace or reconciliation between opposing parties, all conflict must end with domination and destruction. This sort of thinking was not unique to ancient Rome, but in fact has characterized human conflict since Cain first slew Abel (Genesis 4).

But when the Emperor St. Constantine converted to Christianity, he charted a new path for the Roman Empire. He and his successors made a conscious effort to rule *as Christians*, and to model their statecraft according to the teachings of Jesus Christ. They were not perfect and they fell short in many ways, but their ideas about governance had radical consequences for the history of civilization. They created the world’s first vision of Christian rulership.



One of the biggest repercussions of St. Constantine’s conversion was the complete change in the Empire’s approach to conflict. Whereas pagan Rome had been feared the world over for its complete annihilation of its enemies, Christian Rome (also known as Byzantium) became renowned for its skillful diplomacy and strong network of alliances. The Byzantine Emperors developed a reputation for befriending neighboring countries through statesmanship, trade, and religious missions. If forced to go to war, they would not seek to wipe out their enemies, but only to do what was necessary to protect their people and their lands. They preferred to preserve their enemies rather than destroy them, because enemies could always be turned into allies in the future.

This little piece of history which I learned in seminary was always profoundly interesting to me, because it seemed to provide a practical Christian approach to dealing with conflict. As individuals, families, and churches we are always surrounded by others whose interests sometimes conflict with our own. We should always be seeking to make as many friends as possible, but most importantly we should even view our enemies as potential friends. It’s unavoidable that we will have conflicts with others in our lives, but we should never do or say more than is necessary to protect ourselves. No matter how much others frustrate or enrage us, they are people in the image of

God, and the desire of our Creator is that we always struggle for reconciliation and harmony. "You have heard that it was said, 'You shall love your neighbor and hate your enemy.' But I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you, that you may be sons of your Father in heaven."
(Matthew 5:43-5)

God bless you all!
Fr. Theodore Lyketsos

Holy Trinity invites you on a
MONASTERY PILGRIMAGE
FRIDAY, NOVEMBER 1, 2024




ΠΑΝΑΓΙΑ ΠΡΟΥΣΙΟΤΙΣΣΑ GREEK ORTHODOX MONASTERY, TROY, NC

Information:
Depart from Holy Trinity: 5:30am
Arrive back at Holy Trinity: 5:00pm
Cost per person: \$30
(food and transportation provided)
RSVP to: Paul Dallas
(apdallas@carilionclinic.org)

Monastery Dress Code:
Men: Long pants, Long sleeves
Women: Long skirt, long sleeves, headscarf/veil

Guest Speaker:



Bishop Themistocles
Missionary to Sierra Leone
Topic: "The Holy Unmercenaries
as guides to our Salvation"



Holy Trinity Greek Orthodox Church

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www.holytrinityroanoke.com

Priest: Fr. Theodore Lyketsos

Church Administrator: Diane Simmons

E-MAIL: frtheohtra@gmail.com

E-MAIL: htrinityroa@verizon.net

2023-2024 PARISH COUNCIL

Van Kakouras	President
Dr. Charles Tarasidis	Vice President
Caitlin DeMarco	Secretary
Voula Dallas	Assistant Secretary
Matt Mandros	Treasurer
Dr. Gregory Topasna	Assistant Treasurer

Board Members

Nada Melki	David Simmons
Mike Greenwood	Pete Simopoulos (The Chairman)
Carol Royal	Maria Stamus

ORGANIZATIONS

Philoptochos President – Danna Owen
Religious Education – Carol Royal
Youth Director – David Simmons
Greek School – Georgia Liagki, Tom Contos
Chanters – Dr. Paul Dallas, Fred Gianakouros,
& Demos Tsiakos
Dance Troupe – Dina Martinez
Bookstore – Voula Dallas
Megdova President – Dr. Paul Dallas
Webmaster – Mark Bonds

COMMITTEES

Archives – Caitlin DeMarco
Finance – Matt Mandros &
Dr. Gregory Topasna
Grounds, Planning, & Projects – Dr. Charles
Tarasidis, Dr. Paul Dallas, Terry
Tomaras, Jack White, Pete Simopoulos,
Chris Flegas
Roanoke Greek Festival – Pete Simopoulos
Stewardship – Nada Melki
Ushering & Welcome –
Naji Karim, Irene Karageorge

The deadline for notices to be placed in the bulletin is the 15th of each month. Please email them to htrinityroa@verizon.net on or before this date. Thank you.

SERVICE SCHEDULE

OCTOBER 2024

Thurs. 10/03/2024	St. Dionysios the Areopagite	8:00 AM Orthros 9:00 AM Liturgy
Sat. 10/05/2024	Vespers	5:00 PM
Sun. 10/06/2024	3rd Sunday of Luke	9:00 AM Orthros 10:00 AM Liturgy
Epistle:	<i>St. Paul's 2nd Letter to the Corinthians 4:6-15</i>	Gospel: Luke 7:11-16
Usher(s):		
Sat. 10/12/2024	Vespers	5:00 PM
Sun. 10/13/2024	Sunday of the 7th Ecumenical Council	9:00 AM Orthros 10:00 AM Liturgy
Epistle:	<i>St. Paul's Letter to Titus 3:8-15</i>	Gospel: Luke 8:5-15
Usher(s):	Naji Karim, Georgia Liagki	
Fri. 10/18/2024	St. Luke the Evangelist	8:00 AM Orthros 9:00 AM Liturgy
Sat. 10/19/2024	Vespers	5:00 PM
Sun. 10/20/2024	6th Sunday of Luke	9:00 AM Orthros 10:00 AM Liturgy
Epistle:	<i>St. Paul's 2nd Letter to the Corinthians 6:16-18;7:1</i>	Gospel: Luke 8:26-39
Usher(s):	, Lampros Panogeorgos	
Sat. 10/26/2024	St. Demetrios	8:00 AM Orthros 9:00 AM Liturgy
	Vespers	5:00 PM
Sun. 10/27/2024	7th Sunday of Luke	9:00 AM Orthros 10:00 AM Liturgy
Epistle:	<i>St. Paul's 2nd Letter to the Corinthians 9:6-11</i>	Gospel: Luke 8:41-56
Usher(s):	Naji Karim	
Mon. 10/28/2024	Holy Protection of the Theotokos	8:00 AM Orthros 9:00 AM Liturgy

USHERS ARE REQUIRED TO ARRIVE FIFTEEN MINUTES PRIOR TO THE BEGINNING OF LITURGY! THE USHER LEADER IS TO ARRIVE AT THE BEGINNING OF ORTHROS. IF YOU ARE NOT ABLE TO USHER AS SCHEDULED, PLEASE CONTACT ANOTHER USHER FROM YOUR LIST TO REPLACE YOU. In case of a discrepancy between printed announcements and electronic listings, electronic listings will be considered as the official times and will be adhered to. The online Bulletin and website are updated as needed and are where the services' official times are listed.

Weekly Classes & Worship

Path to Eternity with Fr. Theodore is after Divine Liturgy.

Everyone is welcome to join, whether they are just curious about Orthodoxy, or they have been part of the Church their whole life! You do not need to have attended a previous class in order to come.

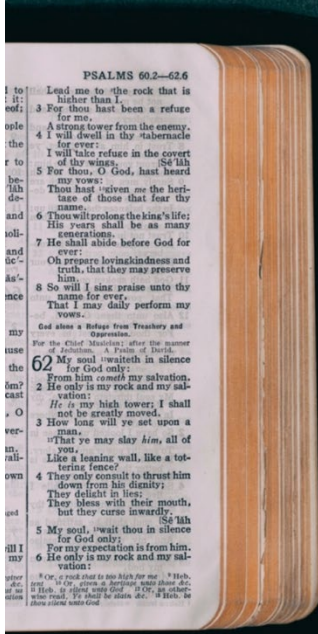


Bible Study with Fr. Sam is on Tuesdays.

[Meet - Bible Study \(google.com\)](#)

Holy Trinity Roanoke is on YouTube! Fr. Theodore and Fr. Sam will upload recordings of their classes. God willing, we will soon have the capability to broadcast services as well. Check it out: <https://www.youtube.com/@HolyTrinityRoanoke>



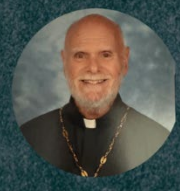


BIBLE STUDY

Date/Time:
Tuesdays at 7pm
(Starting Sept. 24th)

Subject:
St. Paul's Letter to the Philippians

Led by:



Fr. Sam Gantt, EdD

Also streamed online: <https://meet.google.com/vmg-tmka-sgy>

Holy Trinity Greek Orthodox Church | 30 Huntington Blvd. NE, Roanoke, VA 24012

Holy Trinity invites you on the

Path to Eternity

A weekly class on Orthodox Christian faith and life



Time: Sundays after the 10am Divine Liturgy
Location: Conference Room
 All are welcome/No commitment necessary
 Questions? FrTheoHTROA@gmail.com

Holy Trinity Greek Orthodox Church | Roanoke, Virginia

Virginia Tech OCF



**Orthodox Services
Fall 2024**

1st and 3rd Thursdays of the month:

September 5th
September 19th
October 3rd
October 17th
November 7th
November 21st
December 5th

Services begin at 7:00pm

Location:
War Memorial Chapel
601 Drillfield Dr.
Blacksburg, VA 24061



VMI & Washington and Lee Orthodox Christian Fellowship



**Orthodox Services
2024-2025**

Monday nights at 7pm:

September 16th
October 14th
November 18th
December 9th
January 1st
February 10th
March 17th
April 14th

Join us for (free) food and fellowship after services!

Location:
VMI Museum
415 Letcher Avenue
Virginia Military Institute
Lexington, VA 24450



Correction for VMI & Washington and Lee dates: January 27th not the 1st



The 2024 calendar is posted in the church hall; please show your hospitality by signing up to be a host.

Fellowship Hour Hosts for September 2024

September 1 st	Sophia Jackson
September 8 th	Melanie Mandros
September 15 th	The Conrad Family
September 22 nd	Greek Festival
September 29 th	Philoptochos for the Alzheimer's Association

Announcements

Welcome To Holy Trinity!

We congratulate our newly illumined Lawrence DeWeese (Nectarios) on his recent baptism!
- from the Ushering and Welcome committee (Naji Karim & Irene Karageorge)

Births

Fr. Theodore and Presvytera Denisa welcomed their son Spiridon Constantine on Sunday, September 15th at 9am. His churching will be October 27th.

Baptisms

Alaire Lawrence DeWeese was baptized on Saturday, September 7th as Nectarios. His sponsors are Lee (Joseph) and Ravyn (Anastasia) Guiliani.

Passings

+ **Dr. James Nicholas Lampros, Jr.**, son of the late Dr. James & Joanne Lampros and nephew of Barbara Lampros & John Lampros, cousin of Nicholas, Penny and Michael Lampros passed away on August 18th in Charlottesville, Virginia.
Our heartfelt condolences go out to his family.

May his memory be eternal.

+ **Christ Zogas**, 95, of Roanoke passed away peacefully Tuesday, September 3, 2024. Christ was born on July 22, 1929 in Reading, PA to Greek immigrants, Harry and Mary Kypriotis Zogas. In

addition to his parents, he was preceded in death by his wife, Irene Maronic Zogas; brothers, Peter and wife Clarise, and Gust and wife, Doris; sisters, Effie Stevens and Elizabeth Rogers. Surviving are his children, Robert Maronic, Sharon Maronic, and Jeff Maronic; grandchildren and a brother, Theodore and wife Sylvia.

Our heartfelt condolences go out to his family.

May his memory be eternal.

[Christ Zogas Obituary - 2024 - Simpson Funeral Home & Crematory \(tributearchive.com\)](https://www.tributearchive.com/Christ-Zogas-Obituary-2024-Simpson-Funeral-Home-Crematory)

Parish Council News

Happy October. A few items to share:

1. Thank you to Pete and Frances Simopoulos for their leadership of the festival and to everyone that helped make the festival a great success. It was a tremendous effort and God blessed us with great weather, great turnout and great results.
2. With the festival behind us, renovations of our beautiful church will resume with work starting upstairs.
3. Parish Council elections will take place this fall. Anyone wishing to serve our parish as a council member, please let any current council member know.

God Bless.

Van Kakouras

Religious Education

Sunday School is being offered for grades Pre-K-12th for the 2024-5 academic year. Please register at this link on the website if you would like your child to participate. Students will be dismissed from church on Sundays, following Holy Communion.

Classes will begin Sunday, October 6th. We need teachers and a Director.

We look forward to sharing the Orthodox faith with our students!

Fred Gianakouros

Greek School 2024-25

28TH OF OCTOBER, 1940 CELEBRATION On Sunday, October 27th, following the Divine Liturgy, we will hold a short Service (Great Doxology) and commemoration for the significance of the OXI Day (October 28). All are welcome to attend.



HOLY TRINITY BOOKSTORE

❧ OPEN EVERY SUNDAY AFTER CHURCH ❧

WE HAVE BOOKS FOR ALL AGES, ICONS,
PRAYER ROPES, PRAYER BOOKS,
CHARCOAL, INCENSE, CENSORS, AND
OTHER ITEMS.

PLEASE VISIT US AFTER THE DIVINE
LITURGY ON SUNDAYS. THANK YOU!

Philoptochos News

OCTOBER NEWSLETTER

'Our Ethnic Cuisine' Cookbooks are for sale for \$20. They make great gifts for friends and family!

Next Philoptochos meeting is October 16th at 5:30pm. Pot Luck. Please bring a dish to share following the fasting guidelines. We always welcome new members. If you're interested in joining us, please attend this October meeting.

We will be passing a tray on November 3rd to raise funds for the charities of the Ecumenical Patriarch.

Coffee hour hosts are needed for the remainder of 2024. Please refer to the calendar in the hall for available dates.

Pray for Peace

Danna

Philoptochosroanoke@gmail.com



Greek Orthodox Ladies'
Philoptochos Society
of Holy Trinity Church

Operation Christmas Child

Hello Everyone,

The items most needed are:

35-bars of soap
35-tooth brushes
Children's clothes
School supplies

35-colored washcloths
35-sm. sized children books ages 2-14 years old
Children's small games and toys

Items not allow are liquids, toothpaste, camouflaged or war items, things that are scary, and candy.

We plan to have a Packing Party, Sunday October 13th during coffee hour!

Donations can be made of \$25 to send a prefilled shoe box to a needy child!

Thank you for your help! - Della Ann

Recipes Needed for our NEW Cookbook

Dear Church Friends,

Philoptochos is getting ready to publish a **New Cookbook**. We hope our entire church family will participate in sharing your favorite Recipes for the cookbook.

We need your help and want your input. Many recipes from the previous cookbook may be used but we want our book to be updated with your help.... so, search through your card files, recipe books and notes and give us your favorites!

What are we looking for? Appetizers, Beverages, Soups and Salads, Vegetables and Side Dishes, Lenten foods/Vegetarian, Breads and Rolls, Entrees, Pastries/Desserts (cookies, cakes, pies, candy, etc.). We want your Greek, Lebanese, Romanian, Russian, Bulgarian, American, Italian, etc. recipes.

Submit 1 to 5 recipes per person. Tell us why you love this recipe.

EXAMPLE:

This recipe was handed down by my grandmother, she made it for us every Sunday. My Aunt Freda served this every Thanksgiving. Great Christmas Cookie. Freezes well. Given to me by my daughter in law ... etc.

Add your name and phone number to the recipe and Submit to the church office or by email to the church or to any of the committee members.

Typed copies will be greatly appreciated.

Looking forward to receiving your recipes ASAP!

Roanoke



We will be hosting a combined outing for October and November. Once the details are finalized, they will be shared in the Friday bulletin.

If you have any questions or suggestions for our Club, please feel free to reach out to me at francesimopoulos@gmail.com or 434-851-6830.

Frances Simopoulos



www.RoanokeGreekFestival.com

On behalf of the festival committee, I extend our heartfelt gratitude to our community and the volunteers who made our 16th Greek Festival a success. We were truly honored to welcome visitors from Roanoke and beyond, many of whom traveled hours to support our efforts. Each year, we feel incredibly blessed by the unwavering support of our guests.

We can all take pride in this festival, which provides a wonderful opportunity to share our Greek heritage and Orthodox faith with others.

Frances and I would also like to express our sincere appreciation to our committee for their continuous support and the dedication they demonstrated in planning this event. Your hard work did not go unnoticed, and we are truly grateful for all you have done.

Peter Simopoulos
Chairman, Roanoke Greek Festival

FESTIVAL RAFFLE COMMITTEE

We would like to extend our thanks to everyone who participated in selling raffle tickets leading up to the festival. Your support is greatly appreciated. We are excited to announce that this year's raffle winner is **DC Chakraborty from Roanoke, VA!** A special thank you goes to Bobby Karageorge for his help with the raffle. Everyone's help and support contributed to the success of our raffle!

FESTIVAL REIMBURSEMENTS

In order to close the books in a timely manner, all receipts for any festival reimbursements need to be turned in to Pete or Frances Simopoulos or Steve or Maria Peters by **October 6, 2024**. No receipts will be accepted after this date.

Information

NAME

NAME OF SPOUSE (IF MARRIED)

STREET ADDRESS

CITY / STATE / ZIP CODE

HOME PHONE

MOBILE PHONE

EMAIL ADDRESS

EMAIL ADDRESS OF SPOUSE (IF MARRIED)

Dependent Children's names and birthdates:

May we include your contact information in the parish directory?

☐ yes ☐ no *If yes, please indicate any information you would like excluded:*

May we add you to our parish email list?

☐ yes ☐ no



treasure

In gratitude for God's blessings, I/We commit to Christ and His Church the following amount:

\$_____ each week

planned giving

☐ "____ I would like to speak with someone about how to remember the church in my will, trust, or estate plan."

We enter our spiritual home not to be entertained, but to be a part of a community of believers. We receive Jesus Christ in Holy Communion. As we pray, worship and serve together, we become His Body. To be truly a member of the Church as Body of Christ requires our presence and our engagement with one another -- in worship, study and service to others. We grow spiritually as a family. We give sacrificially as we acknowledge that all we have comes from God.

time & talent

Individual stewards should indicate areas of interest with a check (✓).

Families should mark "H" for husband, "W" for wife or "C" for children.

EDUCATION

- ☐ Bible Study
- ☐ Adult Religious Education
- ☐ Intro to Orthodoxy
- ☐ Publications
- ☐ Speakers
- ☐ Bookstore
- ☐ Library

LITURGICAL

- ☐ Sanctuary & Altar Care
- ☐ Altar boys / Acolytes
- ☐ Baking Prosphora
- ☐ Choir
- ☐ Reader
- ☐ Greeter/Usher

MINISTRIES & PROGRAMS

- ☐ Campus Ministry
- ☐ Welcome Team
- ☐ New Member Events
- ☐ Outreach
- ☐ Stewardship
- ☐ Sunday Fellowship / Coffee
- ☐ Visitation - Hospital
- ☐ Visitation - Shut-ins
- ☐ Feed the Hungry
- ☐ Prison Ministry
- ☐ Grief Bereavement Group
- ☐ Disaster Relief Projects
- ☐ Blood Drives
- ☐ Project Mexico
- ☐ Int'l Orth Christian Charities
- ☐ OCMC Mission Center
- ☐ Seniors Ministry
- ☐ Couples Ministry
- ☐ Singles Ministry
- ☐ Military Ministry

YOUTH

- ☐ Church School Teacher
- ☐ Church School Administration
- ☐ Youth Leader
- ☐ Vacation Church School
- ☐ Camp Counselor

BUILDING & GROUNDS

- ☐ Garden & Landscape
- ☐ Plumbing
- ☐ Electrical
- ☐ Clean-up
- ☐ Interior Repairs
- ☐ Exterior Repairs
- ☐ Roofing
- ☐ Hall Rentals

ADMINISTRATION

- ☐ Fiscal Mgt / Review
- ☐ By-Laws
- ☐ Development / Fundraising
- ☐ Office help
- ☐ Computer / Technical
- ☐ Data Entry

COMMUNICATIONS

- ☐ Web site & E-mail
- ☐ Bulletin & Newsletter
- ☐ Public Relations

Any other talents or information on items listed above:



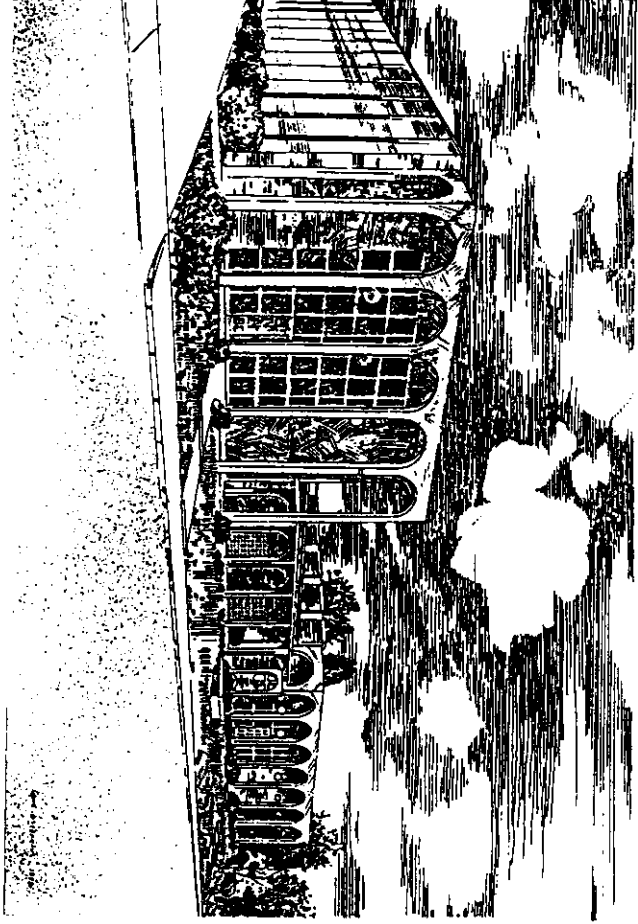
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