

Sunday School Items for Class

Since we cannot meet for class, some thoughts on each Sunday's Gospel will be posted along with other points to learn about the day or season.

Notes and points to remember for our Religious Education/Sunday School class:

- Pray every, single day. We will learn some prayers and you will know where to find others.
- Read the Bible. This is the Word of God (the Logos). There is no other book that is more important to your spiritual development and salvation.
- Walk in the Light. Every day we face things that try to take us into darkness.
- Participate in the Mysteries (sacraments) of the Church. Have you ever been to confession?
- We will focus on studying the Gospel lesson each class. This may take us into other topics.
- Hit the Archdiocese website often: www.goarch.org. There are lots of links that will enlighten you about our Church, our religion and Our Lord. Each day's epistle and gospel readings are there, along with readings on the saints whose memories are commemorated.
- There are applications to assist in your prayer life and education. I recommend the AGES Service Book for your phone and the AGES DCS for bigger devices.
- If you have questions, ask.
- **This class is geared to be a mature, adult-style learning experience.** Please act in a mature manner; don't be a distraction to others trying to learn.
- Feel free to contact me:
Fred Gianakouros
1333 Gates Circle
Roanoke, VA 24019
540-563-5141 (h)
540-510-5553 (c)
frednbeth@cox.net
- Likewise, Father is always available.
- Video links will be provided for the "Be the Bee" program that is available at www.goarch.org.
For you to copy/paste to your browser.